

Summary

My research develops **mobile health (mHealth) technologies for sensing and improvement of health and wellness**. My main interest is in personalized mHealth: re-imagining health interventions as a process that adapts automatically to a patient's health and preferences. I develop methods that use artificial intelligence (AI) to optimize mHealth interventions for each patient, selecting what, when, and how to intervene informed by sensors and human-feedback, in an interactive process. I have over 12 years of research experience applying machine learning on multidisciplinary projects that have ranged from detecting Nuclear threats to estimating psychological stress levels while exercising. I have also worked on interaction techniques like pioneering work on gesture recognition from a smartwatch (Serendipity) and a technique that transforms the surface of the keyboard into a touchpad (Keyboard Surface Interaction).

Education

Carnegie Mellon University

PH.D. IN COMPUTER SCIENCE

DISSERTATION TITLE: THE PERSONALIZATION OF MOBILE HEALTH INTERVENTIONS USING WEARABLES, HUMAN-FEEDBACK AND ARTIFICIAL INTELLIGENCE

Aug. 2015 - May. 2021 (expected)

Pittsburgh, PA, USA

Carnegie Mellon University

M.SC. IN HUMAN-COMPUTER INTERACTION

Aug. 2015 - Aug. 2019

Pittsburgh, PA, USA

Universidad Militar Nueva Granada

B.ENG. IN MECHATRONICS ENGINEERING

Bogota, Colombia

Aug. 2000 - Aug. 2006

Honors & Awards

Smart and connected health student travel award , National Science Foundation	Alexandria, VA	2020
Future Faculty Career Exploration Program , Rochester Institute of Technology	Rochester, NY	2019
Microsoft Dissertation Grant , Microsoft Research	Redmond, WA	2019
Interdisciplinary summit on the foundations of data science , ACM-IMS	San Francisco, CA	2019
Center for Machine Learning and Health Fellowship , Pittsburgh Health Data Alliance	Pittsburgh, PA	2017
Best paper award , ACM Ubicomp	Heidelberg, Germany	2016
Facebook fellowship finalist , Facebook	Menlo Park, CA	2016
Honorable Mention (Best paper nominee) , IEEE Percom	St. Louis, MI	2015
2nd Place , EVAAL 2nd Competition - Activity recognition track	Madrid, Spain	2012
Summer Scholar , Robotics Institute Summer Scholar Program, Carnegie Mellon University	Pittsburgh, PA	2008
Young Researcher Fellowship , Universidad Militar Nueva Granada	Bogota, Colombia	2007
2nd Place , Programming Marathon, Universidad Militar Nueva Granada	Bogota, Colombia	2006
1st Place , Robotics Challenge, School of Engineering, Universidad Militar Nueva Granada	Bogota, Colombia	2005

Publications (Peer reviewed Conferences and Journal Articles)

- [20] Julian **Ramos**, Steven Dang, Rushil Khurana, Mayank Goel, and Anind K Dey. Sleepu: Exploring the personalization of content and timing of treatment using wearables, human-feedback and artificial intelligence. In **Submission Ubicomp 2021, Chapter 2 and 3 of my thesis proposal (link)**, 2021
- [19] Julian **Ramos**, Johana Rosas, Shen Yilin, Jin Hongxia, and Anind Dey. Activity recommendation: Optimizing life in the long term. In **2020 IEEE International Conference on Pervasive Computing and Communications (PerCom)**, pages 1–10, 2020
- [18] Sha Zhao, Shijian Li, Julian **Ramos**, Zhiling Luo, Ziwen Jiang, Anind K Dey, and Gang Pan. User profiling from their use of smartphone applications: A survey. *Pervasive and Mobile Computing*, 59:101052, 2019
- [17] Sha Zhao, Julian **Ramos**, Jianrong Tao, Ziwen Jiang, Shijian Li, Zhaohui Wu, Gang Pan, and Anind K Dey. Who are the smartphone users? identifying user groups with apps usage behaviors. *GetMobile: Mobile Computing and Communications*, 21(2):31–34, 2017
- [16] Julian **Ramos**, Mary Beth Kery, Stephanie Rosenthal, and Anind Dey. Sampling techniques to improve big data exploration. In **2017 IEEE 7th symposium on large data analysis and visualization (LDAV)**, pages 26–35. IEEE, 2017
- [15] Nikola Banovic, Anqi Wang, Yanfeng Jin, Christie Chang, Julian **Ramos**, Anind Dey, and Jennifer Mankoff. Leveraging human routine models to detect and generate human behaviors. In **Proceedings of the 2017 CHI Conference on Human Factors in Computing Systems**, pages 6683–6694, 2017
- [14] Julian **Ramos**, Zhen Li, Johana Rosas, Nikola Banovic, Jennifer Mankoff, and Anind Dey. Keyboard surface interaction: making the keyboard into a pointing device. *arXiv preprint arXiv:1601.04029*, 2016

- [13] Hongyi Wen, Julian **Ramos**, and Anind K Dey. Serendipity: Finger gesture recognition using an off-the-shelf smartwatch. In *Proceedings of the 2016 CHI Conference on Human Factors in Computing Systems*, pages 3847–3851, 2016
- [12] 🏆 Sha Zhao, Julian **Ramos**, Jianrong Tao, Ziwen Jiang, Shijian Li, Zhaohui Wu, Gang Pan, and Anind K Dey. Discovering different kinds of smartphone users through their application usage behaviors. In *Proceedings of the 2016 ACM International Joint Conference on Pervasive and Ubiquitous Computing*, pages 498–509, 2016
- [11] Tadashi Okoshi, Hiroki Nozaki, Jin Nakazawa, Hideyuki Tokuda, Julian **Ramos**, and Anind K Dey. Towards attention-aware adaptive notification on smart phones. *Pervasive and Mobile Computing*, 26:17–34, 2016
- [10] Tadashi Okoshi, Julian **Ramos**, Hiroki Nozaki, Jin Nakazawa, Anind K Dey, and Hideyuki Tokuda. Reducing users’ perceived mental effort due to interruptive notifications in multi-device mobile environments. In *Proceedings of the 2015 ACM International Joint Conference on Pervasive and Ubiquitous Computing*, pages 475–486, 2015
- [9] 🏆 Tadashi Okoshi, Julian **Ramos**, Hiroki Nozaki, Jin Nakazawa, Anind K Dey, and Hideyuki Tokuda. Attelia: Reducing user’s cognitive load due to interruptive notifications on smart phones. In *2015 IEEE International Conference on Pervasive Computing and Communications (PerCom)*, pages 96–104. IEEE, 2015
- [8] Jin-Hyuk Hong, Julian **Ramos**, and Anind K Dey. Toward personalized activity recognition systems with a semipopulation approach. *IEEE Transactions on Human-Machine Systems*, 46(1):101–112, 2015
- [7] Hristijan Gjoreski, Simon Kozina, Matjaz Gams, Mitja Lustrek, Juan Antonio Álvarez-García, Jin-Hyuk Hong, Julian **Ramos**, Anind K Dey, Maurizio Bocca, and Neal Patwari. Competitive live evaluations of activity-recognition systems. *IEEE Pervasive Computing*, 14(1):70–77, 2015
- [6] Julian **Ramos**, Jin-Hyuk Hong, and Anind K Dey. Stress recognition-a step outside the lab. In *International Conference on Physiological Computing Systems*, volume 2, pages 107–118. SCITEPRESS, 2014
- [5] 🏆 Jin-Hyuk Hong, Julian **Ramos**, Choonsung Shin, and Anind K Dey. An activity recognition system for ambient assisted living environments. In *International Competition on Evaluating AAL Systems Through Competitive Benchmarking*, pages 148–158. Springer, 2012
- [4] Jin-Hyuk Hong, Julian **Ramos**, and Anind K Dey. Understanding physiological responses to stressors during physical activity. In *Proceedings of the 2012 ACM conference on ubiquitous computing*, pages 270–279, 2012
- [3] Anind K Dey, Katarzyna Wac, Denzil Ferreira, Kevin Tassini, Jin-Hyuk Hong, and Julian **Ramos**. Getting closer: an empirical investigation of the proximity of user to their smart phones. In *Proceedings of the 13th international conference on Ubiquitous computing*, pages 163–172, 2011
- [2] Julian **Ramos**, Sajid Siddiqi, Artur Dubrawski, Geoffrey Gordon, and Abhishek Sharma. Automatic state discovery for unstructured audio scene classification. In *2010 IEEE International Conference on Acoustics, Speech and Signal Processing*, pages 2154–2157. IEEE, 2010
- [1] Julian **Ramos**, Mauricio Sarmiento, and Watson Escobar. Reconocimiento de patrones en un arreglo sensorico usando redes neuronales. *Ciencia e Ingeniería Neogranadina*, 17(1):95–111, 2007

Experience

Samsung Research America - Artificial Intelligence Center

SUPERVISOR - PH.D. YILIN SHEN

RESEARCH INTERN

- Developed a reinforcement learning method to estimate long term rewards of activities of daily living from behavioral logs (e.g., sleep, steps, positive affect).

Mountain View, CA

May. 2016 - Aug. 2016

Carnegie Mellon University - Human-computer Interaction Institute

UBICOMP LAB, SUPERVISOR - PH.D. ANIND DEY

RESEARCH PROGRAMMER

- Stress recognition from physiological signals
- Activity recognition from accelerometer data.
- Built a prototype that transforms the keyboard’s surface into a touchpad.
- Using phone sensor data, built a classifier that detects if the user is likely to click or not a on notification.

Pittsburgh, PA

Jul. 2010 - Jul. 2015

Carnegie Mellon University - Robotics Institute

AUTONLAB, SUPERVISOR - PH.D. ARTHUR DUBRAWSKI

RESEARCH PROGRAMMER

- Nuclear threats detection using random forests (Collaboration with the Lawrence Livermore National Lab).
- Loggerhead turtle’s nest localization from ground penetrating radar(GDPR) data (Sponsored by Disney resorts Florida).

Pittsburgh, PA

Jul. 2009 - Jul. 2010

Carnegie Mellon University - Machine Learning Department

AUTONLAB, SUPERVISORS - PH.D GEOFF GORDON, PH.D. ARTHUR DUBRAWSKI

RESEARCH VISITOR

- Implementation and testing of a C++ API for audio recognition using HMMs.
- Nuclear threats detection using random forests (Collaboration with the Lawrence Livermore National Lab).

Pittsburgh, PA

Feb. 2009 - May. 2009

Carnegie Mellon University - Robotics Institute

SELECT LAB, SUPERVISOR - PH.D. GEOFF GORDON

SUMMER SCHOLAR

- Developed a driver for a stereo camera in the Carnegie Mellon Robotics Navigation Toolkit (CARMEN).

Pittsburgh, PA

Jun. 2008 - Sep. 2008

Universidad Militar Nueva Granada - School of Engineering

COMPLEX PARTICULATE SYSTEMS LAB, SUPERVISOR - PH.D. WATSON L. VARGAS

YOUNG RESEARCHER FELLOWSHIP

- Implementation (hardware and software) of a robot for odor source localization.

Bogota, Colombia

Jan. 2007 - Dec. 2008

Universidad Militar Nueva Granada - School of Engineering

COMPLEX PARTICULATE SYSTEMS LAB, SUPERVISOR - PH.D. WATSON L. VARGAS

RESEARCH ASSISTANT

- Design and implementation (hardware and software) of a system for odor recognition using Neural Networks.
- Design (hardware and software) of a robot for odor source localization.

Bogota, Colombia

Aug. 2006 - Dec. 2006

Teaching Experience

Carnegie Mellon University - Human-computer Interaction Institute

PROGRAMMING USABLE INTERFACES

Pittsburgh, PA

Spring 2020

Carnegie Mellon University - Human-computer Interaction Institute

USER CENTERED RESEARCH AND EVALUATION

Pittsburgh, PA

Spring 2019

Invited Talks

University of Michigan - Computer Science and Engineering Seminar

MOBILE HEALTH APPROACHES TO PRECISION MEDICINE

Ann Arbor, MI

Nov. 2020

Dartmouth Geisel School of Medicine - Center for Technology and Behavioral Health Seminar

PERSONALIZING TIME OF TREATMENT AND CONTENT IN A SLEEP INTERVENTION USING SENSORS, HUMAN-FEEDBACK AND AI

Lebanon, NH

Nov. 2020

Carnegie Mellon University - Programmable User Interfaces, Guest Lecture

PERSONALIZING HEALTH INTERVENTIONS USING AI AND HUMAN FEEDBACK

Pittsburgh, PA

Apr. 2020

Carnegie Mellon University - Human-AI interaction, Guest Lecture

AI FOR MOBILE HEALTH INTERVENTIONS

Pittsburgh, PA

Oct. 2019

Carnegie Mellon University - Mobile Sensing + Health Institute Seminar

SLEEP-U: EFFECTS OF A CONTEXT-BASED PERSONALIZED SLEEP HEALTH INTERVENTION FOR COLLEGE STUDENTS

Pittsburgh, PA

Oct. 2019

Rochester Institute of Technology - Golisano College of Computing Colloquium

SLEEP-U: EFFECTS OF A CONTEXT-BASED PERSONALIZED SLEEP HEALTH INTERVENTION FOR COLLEGE STUDENTS

Rochester, NY

Sep. 2019

Media Coverage

Microsoft Dissertation Grant , Microsoft Research Blog

2019

Meet the CMLH Fellows , CMU SCS News

2017

How to Operate Your Smart Watch with the Same Hand That Wears It , MIT Technology review

2016

Students Mentored

Uma Pradeepan, Undergraduate Student, Carnegie Mellon University

2019

Varshini Selvadurai, Undergraduate Student, Carnegie Mellon University

2019

Carolyn Zhong , Undergraduate Student, Carnegie Mellon University

2019

Elizabeth La, Undergraduate Student, Carnegie Mellon University

2019

Yun-Chun Liu, Masters Student - Human-computer interaction, Carnegie Mellon University

2019

Qian Wang, Undergraduate Student - visitor, Tsinghua University

2017

Hongyi Wen, Undergraduate Student - visitor, Tsinghua University, China

2015

Ben Solecki, Masters Student - Information Technology, Carnegie Mellon University

2014

Zhen Li, Undergraduate Student - visitor, Tsinghua University

2014

Service

Representative in the School of Computer Science Diversity, Equity and Inclusion committee, Representative of the Ph.D. students at the SCS-DEI meetings	2020
Mentor in the CMU-AI Mentoring program, Meet monthly with undergraduate students from underrepresented groups in computer science with the goal of involving them in research in AI within CMU	2020
Ph.D. advisory committee School of Computer Science , Lead a team investigating ways to improve and adapt the Ph.D. students evaluation to the 2020 pandemic	2019-2020
Reviewer , Ubicomp, CHI, UIST, and IEEE Transactions on Systems, Machine and Cybernetics	2015-2020
Sports organizer , Organized sport and recreational activities (e.g., soccer, basketball, volleyball)	2015-2016

Skills

Reinforcement Learning	Q-Learning, Double Q-Learning, Contextual Bandits
Supervised learning	HMMs, Probabilistic Graphical Models, Deep Learning (ConvNets, LSTM)
Unsupervised learning	HMMs, Spectral clustering, Autoencoders
Natural language processing	Latent Dirichlet Allocation, Latent Semantic Analysis, word2vec, BERT
Python - Data analysis	Tensorflow, keras, scikit-learn, pandas, seaborn
R - Data analysis	ggeffects, lme4 (Mixed-Models), ARTool
Programming Languages	Python, Java (Android), latex, Weka, MySQL, SQLite Spanish(fluent), English(fluent)

Coursework

Ph.D.

Deep Reinforcement Learning (10703)	Design Perspectives in HCI
Statistical Techniques in Robotics (16831)	Cognitive Perspectives in HCI
Graduate Artificial Intelligence (15780)	Computer Science Perspectives in HCI
User centered research	Applied Fabrication Techniques
HCI. Process and Theory	Game Design
Applied Research Methods	

Non-Degree Student

Machine Learning (10701)	Concepts of Mathematics (21-127)
Intermediate Statistics (10705)	Introduction to Statistical Inference (36226)
Robot Motion Planning (16735)	Introduction to Probability Theory (36225)
Regression Analysis (70208)	

References

Mentors and collaborators who have written references for me:

Anind K. Dey

Professor and Dean
Information School
University of Washington
anind@uw.edu

Mayank Goel

Assistant Professor
Human-computer Interaction Institute
Carnegie Mellon University
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Carissa Low

Assistant Professor
Department of Medicine
Division of Hematology/Oncology
University of Pittsburgh
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Robert Kraut

Herbert A. Simon Professor Emeritus of
Human-Computer Interaction
Human-computer Interaction Institute
Carnegie Mellon University
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Stephanie Rosenthal

Assistant Teaching Professor
Computer Science Department
Carnegie Mellon University
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Jennifer Mankoff

Richard E. Ladner Professor
School of Computer Science
University of Washington
jmankoff@uw.edu

SeungJun Kim

Professor
School of Integrated Technology
Gwangju Institute of Science Technology
seungjun@gist.ac.kr

Geoff Gordon

Professor
Machine Learning Department
Carnegie Mellon University
ggordon@cs.cmu.edu
Director
Microsoft Research Montreal Lab